

We help enhance workplace safety through cultural change, design projects, and targeted training.

We help create more productive workplaces through leadership and interpersonal skill development.

Enhancing learning solutions, design, and delivery via understanding and applying the natural cycle of learning.



## WHO IS LDN?

LDN partners with Australasia's leading organisations to deliver high-impact training and consulting that works – but that's just the beginning.

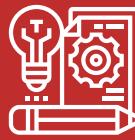
Our consulting and suite of programs lift performance and unlock your organisation's potential, giving your people the tools and confidence to lead, work, and thrive in complex environments.

## OUR EXPERTISE



### STRATEGIC CONSULTING

Consulting in culture and behaviour change, safety and leadership using proven frameworks and adding value and practical ways forward.



### INSTRUCTIONAL DESIGN

Design of leadership, safety and other training programs that tackle complex challenges, align people and culture, and deliver lasting change.



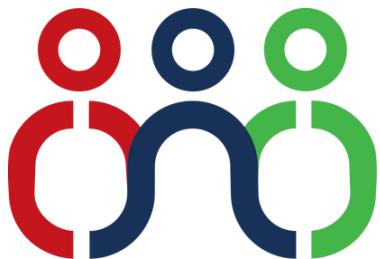
### TRAINING SOLUTIONS

High-impact training by expert facilitators to build confident leaders, strengthen safety culture, and deliver practical results.



### EMBEDDING BEHAVIOUR

Strategies and tools to turn short-term learning into long-term behaviour change supporting ongoing growth and transformation.



**BROWSE OUR PROGRAM SUITE >>**

For over 30 years Safety Dimensions has helped enhance workplace safety through cultural change, design projects, and targeted training. We offer a suite of proven programs to suit varying budgets and timelines.



## SAFETY DIMENSIONS PROGRAM SUITE

### **BSB41419 Certificate IV in Work Health and Safety**

#### **(8-day program)**

Equips workers and frontline leaders with practical skills to identify hazards, manage risks, and apply WHS legislation in the workplace.

### **11045NAT Certificate IV in Safety Leadership**

#### **(10-day program)**

Builds the leadership capability needed to influence safety culture, align behaviours with values, and lead teams safely in high-risk environments.

### **BSB51319 Diploma of Work Health and Safety**

#### **(10-day program)**

Develops advanced WHS capability for those leading and managing safety, with a focus on risk management, compliance, and continuous improvement.

### **Executive Safety Leadership Masterclass**

#### **(half or 1-day program)**

Equips executives to lead safety culture, align values, and embed LEAD indicators for lasting impact.

### **Safety Leadership Foundation Program for Frontline Leaders**

#### **(1- or 2-day program)**

Equips frontline leaders with the mindset, skills, and behaviours to lead HSE risk management to shape a strong safety culture.

### **Safety "Mates" Program for Frontline Staff**

#### **(half or 1-day program)**

Empowers workers to take ownership of safety, encouraging every team member to lead, speak up, and make safety a personal priority in their daily actions.

### **Identifying, Preventing, and Managing Psychosocial Hazards in the Workplace**

#### **(1-day program)**

Builds the skills to recognise, reduce and manage psychosocial hazards and risks to support mentally healthy, legally compliant workplaces.

### **Engaging Hearts and Minds**

#### **(1- or 2-day program)**

Shift safety from compliance to commitment by changing how your people think, feel, and act, through a proven behavioural and values-based approach.

### **Conducting Risk Assessments**

#### **(half or 1-day program)**

Builds practical leadership capability in identifying hazards, assessing risks, and applying controls, embedding safety as a daily habit and reinforcing clear roles within the safety system.

### **Fit for Work Training (Physical and Psychological)**

#### **(half or 1-day program)**

Helps prevent impairment, be it from fatigue, stress, or substances, by educating workers on safety expectations, early warning signs, and when to seek support.

### **Safety Inductions and Onboarding**

#### **(2-hour, half-day, or 1-day program)**

Delivers tailored safety inductions that embed leadership values and expected behaviours, ensuring new staff and contractors understand what to do and how to work safely from day one.

### **Contractor Management Training**

#### **(1-day program)**

Builds the skills to effectively select, manage, and monitor contractors while aligning safety expectations across the workforce, ensuring strong WHS performance and compliance.

### **Staff Engagement with New Policies and Procedures (SOP) Training**

#### **(2-hours – 1 day program)**

Drives behaviour changes by helping staff understand and embrace new procedures willingly rather than simply following instructions.

### **Safety Leadership Culture Maturity Surveys**

Provides independent safety maturity assessments using surveys, focus groups, and expert analysis to identify gaps, guide improvements, and measure the impact.

Can't find what you need? This is just a sample of our programs. We can also design bespoke programs for your workplace, industry and challenges. To learn more, contact us below.

For over 30 years, **Leadership Dimensions** has helped create more productive workplaces through leadership and interpersonal skills development. We offer a suite of proven programs to suit varying budgets and timelines.

## LEADERSHIP DIMENSIONS PROGRAM SUITE

### **BSB40520 Certificate IV in Leadership and Management (10-day program)**

Equips current and future leaders with the skills to inspire teams, drive performance, and lead with confidence.

#### **Leading Communication**

##### **(1- or 2-day program)**

Develops essential communication and interpersonal skills that strengthen leadership, build trust, reduce miscommunication, and drive better team and business outcomes.

#### **Leading Performance**

##### **(1- or 2-day program)**

Equips leaders to build high-performing teams through clear communication, performance management, and effective team development strategies.

#### **Leading Teams**

##### **(1- or 2-day program)**

Supports leaders to shape high-performing, inclusive teams that align around shared goals and grow through every stage of team development.

#### **Innovation and Problem Solving**

##### **(1- or 2-day program)**

Develops leaders who can think critically, manage projects, and deliver results.

#### **Diversity and Inclusion**

##### **(1- or 2-day program)**

Supports the journey toward a truly inclusive workplace by building awareness, shifting behaviours, and equipping participants to embed inclusion into everyday beliefs, actions and decisions.

#### **Managing Change and Change Fatigue**

##### **(1-day program)**

Gives leaders practical tools to support their team through change - managing reactions, maintaining morale and wellbeing, while keeping momentum in shifting environments.

### **Leading Difficult Conversations**

##### **(1- or 2-day program)**

Leaders gain the skills and confidence to navigate difficult conversations with clarity, empathy, and impact, turning challenging moments into opportunities for growth and resolution.

### **Developing Emotional Intelligence**

##### **(1-day program)**

Strengthens emotional intelligence by building self-awareness, self-management, and relationship skills that enhance trust, reduce stress, and boost team performance.

### **Recruiting, Induction, and Onboarding**

##### **(1- or 2-day program)**

Helps managers deliver structured, inclusive recruitment and onboarding processes that reflect organisational values, reduce bias, and set people up to succeed.

### **Staff Engagement with New Policies and Procedures**

##### **(2-hour, half-day, or 1-day program)**

Engaging sessions that overcome resistance and inspire genuine behaviour change, ensuring staff embrace and follow your new procedures confidently and consistently.

### **Presentation, Training, and Facilitation Skills**

##### **(1- or 2-day program)**

Builds essential skills in presenting, training, and facilitation by helping you engage audiences, deliver clear messages, and guide groups to achieve meaningful outcomes.

### **Time and Priority Management**

##### **(1-day program)**

Teaches essential time and priority management skills to help you reduce stress, improve performance, and thrive.

Can't find what you need? This is just a sample of our programs. We can also design bespoke programs for your workplace, industry and challenges. To learn more, contact us below.

At Workplace Dimensions, we help organisations and training professionals move beyond content delivery to create learning experiences that actually change behaviour.

## INSTRUCTIONAL DESIGN PROGRAM SUITE

### Learning About Learning Workshop

**(1- or 2-day program)**

An essential workshop for anyone who is a leader, subject matter expert, instructional designer, trainer, coach, or working in learning and development. Explore the natural learning cycle, understand how people absorb and retain knowledge, and learn to design and deliver inclusive training that engages all four learning preferences – so every learner stays engaged, grasps the content, and applies it confidently in the real world.

### 4MAT® Accreditation

Gain certification in the globally recognised 4MAT® framework, developed by Dr Bernice McCarthy. This program takes you deeper into the methodology, equipping you with the tools, diagnostics, and techniques to design learning that aligns with how the brain naturally learns. Learn to identify learning preferences, map content, and build programs that engage Why, What, How, and What If learners. Ideal for instructional designers, facilitators, and learning leaders looking to create consistently engaging and effective learning experiences across all audiences.

### Train the Trainer Workshops

Build confident internal facilitators who deliver training that's clear, practical, and easy to apply. Designed for subject matter experts, team leaders, and in-house trainers, this workshop covers how to plan sessions, engage learners, manage group dynamics, tell stories, and assess competency.

### Learning Consulting

Get tailored, practical support from LDN's experts who know how to make learning work. Whether you're building a new program, refreshing existing content, or rethinking your strategy, we help you design training that's engaging, effective, and aligned with your organisational goals. From instructional design reviews to end-to-end learning strategies, we work with you to strengthen your capability to lift the impact of your learning across the organisation.



Can't find what you need? We can design bespoke programs for your workplace, industry and challenges..  
To learn more about these programs and others we have available, contact us below.