

At Workplace Dimensions, we help organisations and training professionals move beyond content delivery to create learning experiences that actually change behaviour.

## INSTRUCTIONAL DESIGN PROGRAM SUITE

### Learning About Learning Workshop (1- or 2-day program)

An essential workshop for anyone who is a leader, subject matter expert, instructional designer, trainer, coach, or working in learning and development. Explore the natural learning cycle, understand how people absorb and retain knowledge, and learn to design and deliver inclusive training that engages all four learning preferences – so every learner stays engaged, grasps the content, and applies it confidently in the real world.

### 4MAT® Accreditation

Gain certification in the globally recognised 4MAT® framework, developed by Dr Bernice McCarthy. This program takes you deeper into the methodology, equipping you with the tools, diagnostics, and techniques to design learning that aligns with how the brain naturally learns. Learn to identify learning preferences, map content, and build programs that engage Why, What, How, and What If learners. Ideal for instructional designers, facilitators, and learning leaders looking to create consistently engaging and effective learning experiences across all audiences.

### Train the Trainer Workshops

Build confident internal facilitators who deliver training that's clear, practical, and easy to apply. Designed for subject matter experts, team leaders, and in-house trainers, this workshop covers how to plan sessions, engage learners, manage group dynamics, tell stories, and assess competency.

### Learning Consulting

Get tailored, practical support from LDN's experts who know how to make learning work. Whether you're building a new program, refreshing existing content, or rethinking your strategy, we help you design training that's engaging, effective, and aligned with your organisational goals. From instructional design reviews to end-to-end learning strategies, we work with you to strengthen your capability to lift the impact of your learning across the organisation.



Can't find what you need? We can design bespoke programs for your workplace, industry and challenges.  
To learn more about these programs and others we have available, contact us below.